

b-12 and lipotropic™ injections: consent for administration

Vitamin B-12 Facts

B-12 injections are typically used as a treatment for a certain type of anemia. People lack intrinsic factor in the stomach, which is necessary for the absorption of the vitamin. Vegetarians (especially vegans) are also given shots of B-12 since their diet is low in animal products, the primary source of B-12.

People with chronic fatigue or anemia require monthly injections of vitamin B-12 usually because the oral form is not dependable. B-12 injections are most effective when taken at regular intervals. A regular schedule to receive the injections can be customized to each individual.

The body's ability to absorb vitamin B-12 is reduced with increasing age. Older people often have a more potent B-12 deficiency, even in cases where they do not suffer from pernicious anemia.

Vitamin B-12 Benefits

B-12 provide more energy, mental alertness and stamina for everyday tasks. It leads to a healthier immune system, improved sleep, and increased metabolism, thereby aiding in weight loss. It also improves mood stabilization, reduces allergies, stress and depression. And B-12 lessens the frequency and severity of migraines and headaches. B-12 also helps lower homocysteine levels in the blood, reducing probability of heart diseases and strokes.

Certain drugs can decrease or reduce absorption of B-12, such as: antibiotics, cobalt irradiation, colchicine, colestipol, H2-blockers, metformin, nicotine, birth control pills, potassium chloride, proton pump inhibitors such as Prevacid, Losec, Aciphex, Pantoloc, and Zidovudine.

Lipotropic™

Contains Lipotropic™ nutrients—compounds that enhance liver function and increase the flow of fats and bile from the liver and gallbladder. Lipotropic™ substances decrease the deposition and speed up the removal of fat (lipo=fat; tropic=stimulate) within the liver. Your liver is the organ responsible for removing fat and toxins from your body—if it is healthier, it will function better for you.

B vitamins work closely with one other, and a deficiency in any one B vitamin can lead to poor functioning of any or all of the others—even if those others are in abundant supply. B vitamins have been long thought of as anti-aging treatments to enhance energy levels and address the slowing metabolism that is common as we age. B vitamins are particularly important for energy, mood stability, healthier skin, hair and eyes. If you have trouble with low energy levels, a slow metabolism and weight gain, you may benefit from our Lipotropic™ injections.

Possible Side Effects & Contraindications of B-12 or Lipotropic™ Injections

Some redness and swelling at the injection site may occur. This should get better within 48 hours. In rare cases, B-12 or Lipotropic™ can cause diarrhea, peripheral vascular thrombosis, itching, transitory exanthema, urticarial, or feelings of swelling of the whole body.

Sensitivity to cobalt and/or cobalamin is a contraindication.

People with chronic liver and/or kidney dysfunction should not take B-12 injections.

Interactions with drugs such as Chloramphenicol can impede on the red blood cell producing properties of B-12.

B-12 is contraindicated in Leber's' disease, a hereditary optic nerve atrophic condition.

Informed Consent for Treatment

I have read the information regarding the risks and benefits of B-12 or Lipotropic™ injections and have had a chance to ask questions on the treatment.

I have met with a member of the medical staff and understand that the ingredients in the B-12 and Lipotropic™ injections could include any of the following: B-1, B-2, B-3, B-6, B-12 (Cyanocobalamin or Methylcobalamin), Methionine, Inositol, Choline Chloride, L-Carnitine.

I am not allergic to any of the above ingredients. I understand the possible complications of injection therapy are minor bruising and bleeding at injection sites, dizziness or headaches.

I understand clearly that there may be a slight chance for sensitivities and reactions to injection solutions. I hereby release Kalon Aesthetics & Wellness, PLLC and its staff, members and associates from all liabilities regarding my treatment associated with B-12 or Lipotropic™ injections.

Patient Name _____

Patient Signature _____

Date _____

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